

Hello Coaches and Athletes:

The following psych sheet posting of the 4A State Swim and Dive Meet is UNOFFICIAL and will remain so at least until the conclusion of the 4A coaches meeting Wednesday Oct. 29.

COMMENTS IN REGARDS TO THIS POSTING:

- 1.) This psych sheet post is unofficial at this time.
- 2.) This psych sheet reflects the Region Champs plus the fastest Region Finals Swims to make a field of 24.
- 3.) Diving reflects the top 4 Divers from each region.
- 4.) Please carefully review the psych sheet and if you see or have any concerns or discrepancies, please e-mail them to tournaments@aiaonline.org.

COACHES:

- 1.) If you have qualified relays in the state meet you must declare your relay swimmers (including alternates) by Tuesday Oct. 28 at 6:00pm. The Relay names you declared for your region meet will not be carried over to the state meet. All relay name declarations/entries must be made through Direct Athletics by Tuesday Oct. 28 at 6:00pm. Please do not declare relay names if your relay did not qualify for the state meet. COACHES, when in Direct Athletics, make sure you choose relays and not individuals as you declare your relay names. COACHES, when you have completed your declarations/entries, make sure you select update. Also, there are two options for retaining a Direct Athletics receipt. The options should appear once you press update. You may opt to have the system print you a receipt, or you may opt to have the system e-mail you one. I recommend both. You must retain one or both of these receipts. We cannot accept a computer screen print or any other type of printout as an entry receipt. Remember, Boys and Girls are treated as separate teams in Direct Athletics. You must enter them separately and get receipts for them separately.
- 2.) Please plan on having a representative from your coaching staff attend the coaches meeting this Wednesday night Oct. 29. The meeting will take place at 7:00 pm at the AIA office.
- 3.) Please make sure you are familiar with the NFHS rulebook. Some regions have had problems with commercial logos on suits. Legal logo size is discussed in the rulebook.
- 4.) Please make sure you have printed and read the State Swim and Dive Tournament Guide and that you meet all deadlines and protocols (Swim Entries, Dive Entries, Team and Credential Info).

PLEASE REFER BACK TO THIS SITE PERIODICALLY FOR UPDATES.

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

Psych Sheet

Event 201 Boys 200 Yard Medley Relay

National Pub:	1:31.25	1999	Woodlands TX.
National Ind:	1:31.10	1992	Mercersberg PA
AZ. State:	1:33.70	2004	Brophy Prep
AZ. 4A State:	1:37.95	2002	Cactus
	1:37.22	AA-A	
	1:38.50	AA-C	

UN-OFFICIAL

	Team	Relay	Seed Time
1	Catalina Foothills High School	A	1:40.94
2	Prescott High School	A	1:43.05
3	Chaparral High School	A	1:44.59
4	Shadow Mountain High School	A	1:47.37
5	Sunnyslope High School	A	1:47.51
6	Marana High School	A	1:48.04
7	Millennium High School	A	1:48.11
8	Apollo High School	A	1:49.29
9	Lake Havasu High School	A	1:49.77
10	McClintock High School	A	1:51.23
11	Sabino High School	A	1:54.21
12	Cactus High School	A	1:55.15
13	Cactus Shadows High School	A	1:55.34
14	Independence High School	A	1:57.41
15	Cienega High School	A	1:58.14
16	Liberty High School	A	1:58.42
17	Thunderbird High School	A	1:59.10
18	Saguaro High School	A	2:00.02
19	Canyon Del Oro High School	A	2:01.41
20	Sandra Day O'Connor HS	A	2:01.54
21	Agua Fria High School	A	2:02.47
22	Peoria High School	A	2:03.61
23	Paradise Valley High School	A	2:12.46
24	Apache Junction High School	A	2:17.20

Event 202 Girls 200 Yard Medley Relay

National Pub:	1:42.71	2005	Arrowhead WI.
National Ind:	1:43.38	2007	Peddie School, NJ
AZ. State:	1:44.98	2005	Xavier
AZ. 4A State:	1:48.33	2007	Chaparral
	1:49.32	AA-A	
	1:50.85	AA-C	

	Team	Relay	Seed Time
1	Sahuaro High School	A	1:52.21
2	Sabino High School	A	1:53.01
3	Chaparral High School	A	1:54.25
4	Catalina Foothills High School	A	1:57.30
5	Sunnyslope High School	A	1:57.58
6	Millennium High School	A	1:58.24
7	Canyon Del Oro High School	A	1:58.57
8	Thunderbird High School	A	1:59.49
9	McClintock High School	A	2:00.45
10	Flowing Wells High School	A	2:02.41
11	Sandra Day O'Connor HS	A	2:02.95
12	Cactus Shadows High School	A	2:03.68
13	Prescott High School	A	2:03.72

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14	Shadow Mountain High School	A	2:05.72
15	Saguaro High School	A	2:06.68
16	Paradise Valley High School	A	2:06.73
17	Lake Havasu High School	A	2:06.94
18	Liberty High School	A	2:07.12
19	Peoria High School	A	2:07.45
20	Apollo High School	A	2:08.41
21	Cactus High School	A	2:10.73
22	Cienega High School	A	2:11.29
23	Marana High School	A	2:14.97
24	Agua Fria High School	A	2:16.11

Event 203 Boys 200 Yard Freestyle

National Pub:	1:35.55	1991	Eric Diehl	Mission Viejo CA
National Ind:	1:34.96	1991	Joe Hudepohl	St. Xavier OH
AZ. State:	1:38.26	2001	Tyler Deberry	Sabino
AZ. 4A State:	1:38.81	2001	Matthew Owen	Scotts. Saguaro
	1:41.75	AA-A		
	1:42.97	AA-C		

	Name	Year	School	Seed Time
1	Vitez, Cody	JR	Chaparral High School	1:44.48
2	Kent, John	JR	Sahuaro High School	1:45.33
3	Chiaro, Anthony	SR	Sahuaro High School	1:46.87
4	Rubin, Mark	SR	Shadow Mountain High School	1:48.24
5	Clarke, Danny	JR	Sunnyslope High School	1:48.96
6	Brynnel, Adrian	JR	Catalina Foothills High School	1:51.37
7	Wallace, Rhett	JR	Catalina Foothills High School	1:52.74
8	Branning, Michael	JR	Paradise Valley High School	1:53.85
9	Inglis, Justin	SR	Sunnyslope High School	1:56.11
10	Belton, Jordan	FR	Canyon Del Oro High School	1:56.20
11	Bull, Michael	JR	Chaparral High School	1:57.20
12	O'Malley, Erik	SR	Chaparral High School	1:58.02
13	Benson, Stewart	SR	Shadow Mountain High School	1:58.69
14	Williams, CJ	SO	Paradise Valley High School	1:58.83
15	Baker, Wes	SR	Canyon Del Oro High School	1:58.95
16	Luko, Harrison	SO	Catalina Foothills High School	1:59.65
17	Burris, TJ	JR	Sunnyslope High School	2:00.90
18	McGinley, Kyle	SO	Shadow Mountain High School	2:01.56
19	Emanuelson, Glenn	SR	Apollo High School	2:01.61
20	Timm, Sam	SR	Chaparral High School	2:01.71
21	Brynnel, Ambijorn	FR	Catalina Foothills High School	2:02.16
22	Page, Tevin	JR	Flowing Wells High School	2:02.29
23	Gort, Tim	JR	Canyon Del Oro High School	2:03.18
24	Nolen, Jimmy	JR	Peoria High School	2:04.18 Region Champ

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

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Event 204 Girls 200 Yard Freestyle

National Pub:	1:45.49	2002	Rhiannon Jeffrey	AtlanticDelrayFL
National Ind:	1:45.49	2006	Kate Ziegler	BishopDeniseJ VA
AZ. State:	1:47.06	2002	Cait Coneally	North Canyon
AZ. 4A State:	1:48.70		Paige Francis	Arcadia
	1:51.56	AA-A		
	1:52.99	AA-C		

	Name	Year	School	Seed Time
1	Lelli, Leticia	FR	Chaparral High School	1:55.48
2	Chuk, Karima	JR	Catalina Foothills High School	1:55.54
3	Cox, Megan	FR	Chaparral High School	1:58.39
4	Rickelman, Meghan	SR	Prescott High School	1:59.17
5	Kirkpatrick, Alaina	SR	Catalina Foothills High School	2:00.92
6	Cooke, Kelsey	JR	Thunderbird High School	2:01.01
7	Wright, Caitlin	SO	Sabino High School	2:02.71
8	Beguiristain, Evelyn	SO	Saguaro High School	2:04.40
9	Bringhurst, Brindy	SR	Marana High School	2:04.68
10	Broadfoot, Jourdan	SO	Chaparral High School	2:05.08
11	Wang, Sally	SO	Chaparral High School	2:05.31
12	Wagner, Jessica	SO	Millennium High School	2:05.97
13	Kipphut, Maddie	SO	Catalina Foothills High School	2:06.69
14	Brevick, Paige	JR	Sahuaro High School	2:06.87
15	Schorr, Anna	FR	Catalina Foothills High School	2:07.09
16	Peterson, Lexy	FR	Millennium High School	2:08.27
17	Carpenter, Cody	JR	Sabino High School	2:08.88
18	Strohmeier, Erin	FR	Thunderbird High School	2:09.61
19	Tolton, Danielle	SO	Marana High School	2:10.51
20	Bycroft, Chelsea	JR	Sunnyslope High School	2:11.50
21	Bongcas, Fiona	JR	Sunnyslope High School	2:11.75
22	Gagliardi, Alli	JR	Liberty High School	2:12.54
23	Rogers, Arianne	SR	Thunderbird High School	2:12.55
24	Baumann, Mary	FR	Canyon Del Oro High School	2:13.09

Event 205 Boys 200 Yard IM

National Pub:	1:46.90	1994	Jason Lancaster	Carmel IN
National Ind:	1:46.31	2004	Bradley Ally	FortLauderdal FL
AZ. State:	1:49.41	2001	Dave Rollins	Sabino
AZ. 4A State:	1:50.82	2006	Ben Aaberg	Sahuaro
	1:54.33	AA-A		
	1:55.96	AA-C		

	Name	Year	School	Seed Time
1	Ferro, Brian	SR	Millennium High School	2:01.17
2	Florea, Tudor	SR	Chaparral High School	2:01.63
3	Meisfeld, Roger	JR	Catalina Foothills High School	2:03.39
4	Muchna, Matt	SR	Prescott High School	2:04.74
5	Puchi, Cole	SO	Catalina Foothills High School	2:05.48
6	Roe, Tanner	SO	Chaparral High School	2:06.67
7	Benson, Seth	JR	Thunderbird High School	2:07.95
8	McLeob, Ian	SO	Sabino High School	2:12.72
9	Howgard, Andrew	JR	Sunnyslope High School	2:12.79
10	Wagner, Jordan	SR	Millennium High School	2:13.40
11	Gyorke, Drew	JR	Catalina Foothills High School	2:14.05
12	Wiest, Tanner	FR	Lake Havasu High School	2:14.05
13	Kishi, Patrick	SR	Shadow Mountain High School	2:14.67

Event 205 ... (Boys 200 Yard IM)

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14	Jung, Kendon	SR	McClintock High School	2:15.87
15	Kennedy, Dillon	SR	Shadow Mountain High School	2:15.96
16	Kaplan, Johnny	SO	Chaparral High School	2:16.79
17	Giblin, Casey	JR	Chaparral High School	2:18.80
18	Gluck, Max	SR	Catalina Foothills High School	2:19.23
19	Hildebrandt, Kevin	SR	Cactus Shadows High School	2:19.87
20	Norman, Trevor	JR	Sunnyslope High School	2:20.02
21	James, Trent	SR	Prescott High School	2:20.78
22	Biggs, Stephen	JR	Cienega High School	2:21.21
23	Charles, Miller	FR	Prescott High School	2:23.55
24	Pope, Matt	JR	Marana High School	2:24.17

Event 206 Girls 200 Yard IM

National Pub:	1:58.29	2005
National Ind:	1:58.45	2000
AZ. State:	1:59.64	2006
AZ. 4A State:	1:59.64	2006
	2:05.74	AA-A
	2:07.60	AA-C

Julia Smit
Natalie Coughlin
Caitlin Leverenz
Caitlin Leverenz

Mount Sinai, NY
Carondelet CA
Sahuaro
Sahuaro

	Name	Year	School	Seed	Time
1	Leverenz, Caitlin	SR	Sahuaro High School	2:03.02	AA-A
2	Branning, Jaclyn	SR	Paradise Valley High School	2:10.31	
3	Craddock, Julia	SR	Millennium High School	2:10.60	
4	Baker, Lauren	JR	Canyon Del Oro High School	2:13.39	
5	Ripley, Rachel	SR	McClintock High School	2:13.82	
6	Hocheder, Kirsten	JR	Catalina Foothills High School	2:18.62	
7	Dangremond, Courtney	SO	Sabino High School	2:19.17	
8	Skelly, Teresa	JR	Sunnyslope High School	2:19.35	
9	Taylor, Kasey	JR	Chaparral High School	2:20.35	
10	Hodson, Katy	SR	Shadow Mountain High School	2:21.07	
11	Gray, Laurel	SR	Catalina Foothills High School	2:21.67	
12	Mackey, Chloe	SR	Catalina Foothills High School	2:22.95	
13	Anderson, Danya	FR	Catalina Foothills High School	2:23.43	
14	Davis, Megan	SO	Chaparral High School	2:23.96	
15	Paulsen, Melanie	SO	Sahuaro High School	2:24.54	
16	O'Malley, Maddie	SO	Chaparral High School	2:25.60	
17	Sheahan, Madeline	SO	Sandra Day O'Connor HS	2:26.07	
18	Repasi, Bianca	SO	Chaparral High School	2:26.34	
19	McNamee, Jessica	FR	Canyon Del Oro High School	2:27.11	
20	Armstrong, Tamara	SR	Marana High School	2:28.56	
21	Whelihan, Haley	FR	Sunnyslope High School	2:28.82	
22	Hoffman, Caitlin	SR	Thunderbird High School	2:29.14	
23	Powell, Kylie	SR	Lake Havasu High School	2:29.97	
24	Carney, Caitlin	JR	Saguaro High School	2:30.02	

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008
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Event 207 Boys 50 Yard Freestyle

National Pub: 19.69 2002
National Ind: 20.01 1991
AZ. State: 20.22 2007
AZ. 4A State: 20.35 2007
21.20 AA-A
21.48 AA-C

Michael Cavic
Joe Hudepohl
Adam Small
Herbie Behm

Tustin, CA
St. Xavier OH
CoronaDelSol
CatalinaFoothill

Name	Year	School	Seed	Time
1 Behm, Herbie	SR	Catalina Foothills High School	21.37	AA-C
2 Payne, Max	SR	Prescott High School	22.30	
3 Schleicher, Richard	SR	Prescott High School	22.56	
4 Gray, Ryan	JR	Sabino High School	22.58	
5 Clark, John	SR	Chaparral High School	22.67	
6 Ernsky, Steven	SR	Catalina Foothills High School	22.74	
7 Thompson, Keegan	JR	Independence High School	22.82	
8 Opitz, Andrew	JR	Sunnyslope High School	22.92	
9 Lundstrom, TJ	JR	Catalina Foothills High School	22.94	
10 Hill, Drew	JR	Marana High School	22.94	
11 Smyth, Taylor	SR	Sabino High School	23.03	
12 Smyth, Wesley	SR	Sabino High School	23.03	
13 Stone, Joel	SR	McClintock High School	23.10	
14 Arn, Jackson	SO	Chaparral High School	23.12	
15 Preston, Rod	SR	Cactus Shadows High School	23.19	
16 Perez, Justin	JR	Peoria High School	23.25	
17 Emanuelson, Justin	SO	Apollo High School	23.31	
18 Doughman, David	JR	Sunnyslope High School	23.47	
19 Huynh, Jim	SO	Apache Junction High School	23.61	
20 Hendricks, Isaac	JR	Flowing Wells High School	23.74	
21 Beckwith, Bryce	SR	McClintock High School	23.94	
22 Sanchez, Zachary	SO	Sahuaro High School	24.01	
23 Roth, Hogan	FR	Sunnyslope High School	24.03	
24 Jacobs, Tyler	SR	Thunderbird High School	24.07	

Event 208 Girls 50 Yard Freestyle

National Pub: 22.04 2002
National Ind: 22.30 2002
AZ. State: 22.93 2006
AZ. 4A State: 23.13 2005
23.86 AA-A
24.12 AA-C

Kara Lynn Joyce
Christina Swindle
Aleesha Miller
Katherine Raatz

Pioneer MI
GulliverPrep FL
Mountain View
Thunderbird

Name	Year	School	Seed	Time
1 Collura, Taryn	SO	Sunnyslope High School	24.82	
2 Baumann, Rachel	JR	Canyon Del Oro High School	24.93	
3 Denninghoff, Sarah	JR	Sabino High School	25.08	
4 McCord, Maggie	FR	Canyon Del Oro High School	25.16	
5 Mouer, Alexis	SO	Chaparral High School	25.76	
6 So, Veronica	FR	Catalina Foothills High School	25.96	
7 Roberts, Colleen	JR	Apollo High School	25.99	
8 Ruiz, Brianna	SR	Millennium High School	26.03	
9 Johnson, Carly	FR	Chaparral High School	26.05	
10 Lubinski, Nicole	SO	Catalina Foothills High School	26.21	
11 Abu, Omone	JR	Sandra Day O'Connor HS	26.41	
12 Fitzhugh, Sarah	SR	McClintock High School	26.65	
13 McDaniel, Rebecca	SR	Sunnyslope High School	26.74	

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14	Fox, Meryl	SO	Chaparral High School	26.93
15	Baumann, Mary	FR	Canyon Del Oro High School	26.95
16	Salomon, Laura	SR	Pueblo High School	26.98
17	Sondrup, Jordyn	SR	McClintock High School	27.01
18	Corbin, Kaelynn	SR	Agua Fria High School	27.08
19	Musch, Rachel	SR	Thunderbird High School	27.15
20	Thompson, Heidi	JR	Sunnyslope High School	27.25
21	Hines, Savanna	SO	Canyon Del Oro High School	27.33
22	McCaslin, Brawley	FR	Flowing Wells High School	27.38
23	Erickson, Krislyn	SR	Sandra Day O'Connor HS	27.43
24	Shiles, Jessica	SR	Thunderbird High School	27.44

Event 209 Boys 1 mtr Diving

	Name	Year	School	
1	Clark, Sean	JR	Sunnyslope High School	397.40
2	Conte, Adam	SR	Apollo High School	384.70
3	Ornelas, Steve		Peoria High School	362.60
4	Davis, Ashton	SR	Apollo High School	347.10
5	Ruffcorn, Cole		Saguaro High School	327.00
6	Yatabe, Ryan		Chaparral High School	318.75
7	Valencia, Edmundo	SR	McClintock High School	315.85
8	Goss, Bobby		Cactus High School	309.30
9	Ziminsky, Michael	JR	Prescott High School	295.25
10	Gabrielson, Ole		Apache Junction High School	291.70
11	Quaranta, Matt	SO	Peoria High School	280.70
12	Daniel, Holden		Millennium High School	277.60
13	Barillas, Diego		Catalina Foothills High School	262.25
14	Carlson, Harry		Catalina Foothills High School	219.25

Event 210 Girls 1 mtr Diving

	Name	Year	School	
1	Diamond, Izzy		Catalina Foothills High School	383.45
2	Asin, Roya		Chaparral High School	363.45
3	Radford, Barb		Catalina Foothills High School	360.40
4	Diamond, Hannah		Catalina Foothills High School	358.15
5	Jerman, Catie		Catalina Foothills High School	338.20
6	Dallmann, Katie		Cactus High School	314.95
7	Boss, Jena		Cactus High School	270.85
8	Butkowski, Stephanie	SR	Cactus High School	268.55
9	Roseberry, Taylor		Peoria High School	258.80
10	Newman, Madison		Chaparral High School	256.70
11	Davis, Shana	JR	Apollo High School	254.20
12	Jensen, Ryleigh	SO	McClintock High School	247.15
13	Cassidy, Chelsesa		Chaparral High School	210.65
14	Ellington, Bailey	FR	Thunderbird High School	185.00
15	Ellis, Lynn	SR	Prescott High School	170.60
16	Heuer, Ashley	JR	Prescott High School	158.15

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

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Event 211 Boys 100 Yard Butterfly

National Pub:	47.10	2007	Austin Staab	Westerville, OH
National Ind:	47.10	1998	Nate Dusing	Covington Cathol
AZ. State:	49.37	2000	Dan Ditoro	Chaparral
AZ. 4A State:	49.37	2000	Dan Ditoro	Chaparral
	50.92	AA-A		
	51.72	AA-C		

	Name	Year	School	Seed Time	
1	Meisfeld, Roger	JR	Catalina Foothills High School	51.51	AA-C
2	Jeffires, Jordan	JR	Marana High School	53.43	
3	Clarke, Danny	JR	Sunnyslope High School	53.44	
4	Smyth, Wesley	SR	Sabino High School	53.62	
5	Florea, Tudor	SR	Chaparral High School	54.54	
6	Muchna, Matt	SR	Prescott High School	55.06	
7	Wiest, Tanner	FR	Lake Havasu High School	57.27	
8	James, Trent	SR	Prescott High School	57.36	
9	Maben, Eric	JR	Catalina Foothills High School	57.38	
10	Hendricks, Isaac	JR	Flowing Wells High School	58.28	
11	Opitz, Andrew	JR	Sunnyslope High School	58.62	
12	Carterdoyle, Griff	SO	Catalina Foothills High School	59.28	
13	Colet, Collin	JR	Catalina Foothills High School	59.49	
14	Panzero, Anthony	JR	Canyon Del Oro High School	59.51	
15	Benson, Stewart	SR	Shadow Mountain High School	59.78	
16	Root, Paul	SR	Prescott High School	59.89	
17	Biggs, Stephen	JR	Cienega High School	59.93	
18	Kaplan, Johnny	SO	Chaparral High School	1:00.21	
19	Weiss, Jacob	SR	Marana High School	1:00.35	
20	Smith, Zander	SO	Prescott High School	1:00.74	
21	Davis, Matthew	JR	Liberty High School	1:00.87	
22	Newberry, Nick	SR	Agua Fria High School	1:01.09	
23	Nebeker, Brett	SR	Paradise Valley High School	1:01.31	
24	Leiby, Spencer	FR	Sunnyslope High School	1:01.75	

Event 212 Girls 100 Yard Butterfly

National Pub:	52.41	1996	Misty Hyman	Shadow Mtn. AZ
National Ind:	53.11	2001	Mary Descenza	Rosary IL
AZ. State:	52.41	1996	Misty Hyman	Shadow Mountain
AZ. 4A State:	54.28	2005	Katherine Raatz	Thunderbird
	56.75	AA-A		
	57.50	AA-C		

	Name	Year	School	Seed Time	
1	Lelli, Leticia	FR	Chaparral High School	56.76	AA-C
2	Enguidanos, Belen	SO	Cactus Shadows High School	59.48	
3	Johnson, Malia	JR	Chaparral High School	59.69	
4	Baker, Lauren	JR	Canyon Del Oro High School	59.95	
5	Beguiristain, Evelyn	SO	Saguaro High School	1:01.54	
6	Wright, Caitlin	SO	Sabino High School	1:01.59	
7	Skelly, Teresa	JR	Sunnyslope High School	1:02.53	
8	Hier, May	SR	Millennium High School	1:03.47	
9	Luko, Olivia	SR	Catalina Foothills High School	1:03.70	
10	Hodson, Katy	SR	Shadow Mountain High School	1:03.78	
11	Moore, Casey	SR	Flowing Wells High School	1:04.12	
12	Davis, Megan	SO	Chaparral High School	1:05.07	
13	Anderson, Danya	FR	Catalina Foothills High School	1:05.11	

Event 212 ... (Girls 100 Yard Butterfly)

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14	Paulsen, Melanie	SO	Sahuaro High School	1:05.91
15	Lubinski, Nicole	SO	Catalina Foothills High School	1:06.00
16	Chu, Sheldon	FR	Chaparral High School	1:06.04
17	Morenz, Anna	SR	Catalina Foothills High School	1:06.20
18	Hoffman, Taylor	SO	Thunderbird High School	1:07.26
19	Myers, Krysta	JR	Sabino High School	1:07.66
20	Morris, Monet	SR	Sabino High School	1:07.76
21	Murphy, Brianne	FR	Marana High School	1:08.42
22	Greenwalt, Chayne	SR	Millennium High School	1:08.51
23	Wood, Demi	SO	Cactus Shadows High School	1:09.01
24	Nolin, Corrin	SO	Marana High School	1:09.84

Event 213 Boys 100 Yard Freestyle

National Pub:	43.49	2003
National Ind:	43.43	1992
AZ. State:	43.85	1994
AZ. 4A State:	44.81	2006
	46.44	AA-A
	46.98	AA-C

Garrett Weber-Gale
Joe Hudepohl
Gary Hall Jr.
Ben Aaberg

Nicolet, WI.
St. Xavier OH
Brophy Prep
Sahuaro

	Name	Year	School	Seed Time
1	Behm, Herbie	SR	Catalina Foothills High School	47.67
2	Bresnahan, Nick	SR	Lake Havasu High School	48.49
3	Chiaro, Anthony	SR	Sahuaro High School	49.40
4	Clark, John	SR	Chaparral High School	49.69
5	Branning, Michael	JR	Paradise Valley High School	49.94
6	Ernsky, Steven	SR	Catalina Foothills High School	50.06
7	Smyth, Taylor	SR	Sabino High School	50.46
8	Payne, Max	SR	Prescott High School	50.71
9	Ross, Walter	FR	Sunnyslope High School	50.98
10	Gray, Ryan	JR	Sabino High School	51.01
11	Wagner, Jordan	SR	Millennium High School	51.06
12	Arn, Jackson	SO	Chaparral High School	51.47
13	Ripley, Erik	SO	McClintock High School	51.80
14	Hill, Drew	JR	Marana High School	51.92
15	Cope, Dylan	JR	Chaparral High School	52.20
16	Thompson, Keegan	JR	Independence High School	52.44
17	Flanagan, Tomas	JR	Cienega High School	52.62
18	Kennedy, Dillon	SR	Shadow Mountain High School	52.69
19	Perez, Justin	JR	Peoria High School	52.76
20	Baker, Wes	SR	Canyon Del Oro High School	53.04
21	Emanuelson, Justin	SO	Apollo High School	53.43
22	Doughman, David	JR	Sunnyslope High School	53.43
23	Schleicher, Daniel	FR	Prescott High School	53.80
24	Stone, Joel	SR	McClintock High School	54.01

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

Psych Sheet

Event 214 Girls 100 Yard Freestyle

National Pub:	48.59	2002	Kara Lynn Joyce	Pioneer MI
National Ind:	48.90	2002	Christina Swindle	Gulliver FL
AZ. State:	49.50	2007	Tracy Swartz	Dobson
AZ. 4A State:	50.21	2005	Katherine Raatz	Thunderbird
	51.72	AA-A		
	52.39	AA-C		

	Name	Year	School	Seed Time
1	Brewer, Ashley	JR	Chaparral High School	53.80
2	Collura, Taryn	SO	Sunnyslope High School	53.86
3	Baumann, Rachel	JR	Canyon Del Oro High School	54.48
4	Wells, Stephanie	SR	Sahuaro High School	54.62
5	Kirkpatrick, Alaina	SR	Catalina Foothills High School	55.50
6	Hocheder, Kirsten	JR	Catalina Foothills High School	55.68
7	Mouer, Alexis	SO	Chaparral High School	55.92
8	McCord, Maggie	FR	Canyon Del Oro High School	56.09
9	Broadfoot, Jourdan	SO	Chaparral High School	56.48
10	Roberts, Colleen	JR	Apollo High School	56.81
11	Ruiz, Brianna	SR	Millennium High School	57.04
12	Houlton, Claire	FR	Catalina Foothills High School	57.09
13	Abu, Yelena	JR	Sandra Day O'Connor HS	58.14
14	Fitzhugh, Sarah	SR	McClintock High School	58.83
15	Abu, Omone	JR	Sandra Day O'Connor HS	59.18
16	Wood, Skotia	SR	Cactus Shadows High School	59.21
17	Sheahan, Madeline	SO	Sandra Day O'Connor HS	59.31
18	Cramer, Briana	JR	Cactus High School	59.37
19	Claypool, Lindsay	SO	Chaparral High School	59.47
20	Tolton, Danielle	SO	Marana High School	59.65
21	Sondrup, Jordyn	SR	McClintock High School	59.81
22	Roylance, Erica	JR	Marana High School	59.88
23	Read, Hannah	SR	Canyon Del Oro High School	59.91
24	Bongcas, Fiona	JR	Sunnyslope High School	1:00.05

Event 215 Boys 500 Yard Freestyle

National Pub:	4:16.39	1983	Jeff Kostoff	Upland CA
National Ind:	4:19.54	2002	Fran Crippen	Germantown PA
AZ. State:	4:28.24	2007	Austen Thompson	Brophy
AZ. 4A State:	4:29.13		Jamie Richardson	Thunderbird
	4:36.08	AA-A		
	4:39.82	AA-C		

	Name	Year	School	Seed Time
1	Vitez, Cody	JR	Chaparral High School	4:43.69
2	Rubin, Mark	SR	Shadow Mountain High School	4:49.42
3	Brynnel, Adrian	JR	Catalina Foothills High School	4:49.62
4	Roe, Tanner	SO	Chaparral High School	4:50.29
5	Kent, John	JR	Sahuaro High School	4:51.23
6	O'Malley, Erik	SR	Chaparral High School	5:07.32
7	Belton, Jordan	FR	Canyon Del Oro High School	5:08.01
8	Gyorke, Drew	JR	Catalina Foothills High School	5:14.89
9	Luko, Harrison	SO	Catalina Foothills High School	5:20.57
10	Burchfield, Dayton	SR	Prescott High School	5:26.35
11	McGinley, Kyle	SO	Shadow Mountain High School	5:28.14
12	Oliver, J. T.	FR	Sabino High School	5:29.12
13	Gort, Tim	JR	Canyon Del Oro High School	5:33.10

Event 215 ... (Boys 500 Yard Freestyle)

**Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008
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14	Houlton, Nolan	JR	Catalina Foothills High School	5:34.24
15	Breshears, Matt	JR	Chaparral High School	5:40.54
16	Inglis, Justin	SR	Sunnyslope High School	5:41.58
17	Davis, Matthew	JR	Liberty High School	5:42.57
18	Burchfield, Mason	FR	Prescott High School	5:42.92
19	Tucker, Joseph	SO	Sabino High School	5:43.38
20	Norman, Trevor	JR	Sunnyslope High School	5:44.82
21	Arriola, Jon	SR	Prescott High School	5:45.62
22	Page, Tanner	JR	Marana High School	5:49.76
23	Carmody, Robert	SR	McClintock High School	5:49.94
24	Long, Spencer	SO	Shadow Mountain High School	5:52.00

Event 216 Girls 500 Yard Freestyle

National Pub:	4:37.30	1988
National Ind:	4:33.35	2006
AZ. State:	4:45.16	2001
AZ. 4A State:	4:48.50	2006
	4:58.13	AA-A
	5:02.19	AA-C

Janet Evans
Kate Ziegler
Ashley Chandler
Ellie Doran

El Dorado CA
BishopDenisJ VA
Chandler
CatalinaFoothill

	Name	Year	School	Seed Time	
1	Leverenz, Caitlin	SR	Sahuaro High School	5:01.00	AA-C
2	Craddock, Julia	SR	Millennium High School	5:08.65	
3	Chuk, Karima	JR	Catalina Foothills High School	5:08.73	
4	Cox, Megan	FR	Chaparral High School	5:09.80	
5	Johnson, Malia	JR	Chaparral High School	5:09.90	
6	Enguidanos, Belen	SO	Cactus Shadows High School	5:20.07	
7	Nakazato, Hope	SR	Catalina Foothills High School	5:20.48	
8	Oliver, LeighAnne	SO	Sabino High School	5:24.33	
9	O'Malley, Maddie	SO	Chaparral High School	5:26.98	
10	Cooke, Kelsey	JR	Thunderbird High School	5:31.25	
11	Gray, Laurel	SR	Catalina Foothills High School	5:34.67	
12	Brevick, Paige	JR	Sahuaro High School	5:36.30	
13	Peterson, Lexy	FR	Millennium High School	5:38.29	
14	Armstrong, Tamara	SR	Marana High School	5:39.32	
15	Wagner, Jessica	SO	Millennium High School	5:46.27	
16	Sagli, Sophie	SR	Sunnyslope High School	5:47.35	
17	Knittle, Ashley	SO	Catalina Foothills High School	5:49.15	
18	Strohmeier, Erin	FR	Thunderbird High School	5:52.68	
19	Rogers, Arianne	SR	Thunderbird High School	5:52.73	
20	Bull, Sarah	FR	Chaparral High School	5:56.22	
21	Benke, Erin	FR	Canyon Del Oro High School	6:00.03	
22	Sowerwine, Emmy	FR	Shadow Mountain High School	6:08.76	
23	Wilkey, Sarah	SO	Sunnyslope High School	6:09.03	
24	Wilkey, Leah	FR	Sunnyslope High School	6:10.05	

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

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Event 217 Boys 200 Yard Freestyle Relay

National Pub: 1:23.15 1993 Kingwood TX.
National Ind: 1:22.70 1992 Mercersberg PA
AZ. State: 1:23.86 2004 Brophy Prep
AZ. 4A State: 1:25.12 2004 Catalina Foothills
 1:27.06 AA-A
 1:28.29 AA-C

	Team	Relay	Seed Time
1	Catalina Foothills High School	A	1:29.06
2	Sabino High School	A	1:31.67
3	Chaparral High School	A	1:33.41
4	Sahuaro High School	A	1:33.62
5	McClintock High School	A	1:34.27
6	Sunnyslope High School	A	1:34.84
7	Paradise Valley High School	A	1:37.22
8	Shadow Mountain High School	A	1:37.62
9	Canyon Del Oro High School	A	1:38.57
10	Millennium High School	A	1:39.61
11	Marana High School	A	1:40.12
12	Apollo High School	A	1:40.44
13	Flowing Wells High School	A	1:40.80
14	Prescott High School	A	1:41.70
15	Apache Junction High School	A	1:42.20
16	Saguaro High School	A	1:42.42
17	Independence High School	A	1:43.15
18	Lake Havasu High School	A	1:43.45
19	Peoria High School	A	1:43.60
20	Thunderbird High School	A	1:44.16
21	Sandra Day O'Connor HS	A	1:46.87
22	Agua Fria High School	A	1:47.87
23	Liberty High School	A	1:51.14
24	Cienega High School	A	1:52.55

Event 218 Girls 200 Yard Freestyle Relay

National Pub: 1:32.77 2002 Pioneer MI.
National Ind: 1:33.76 2007 Peddie School NJ
AZ. State: 1:35.26 1993 Xavier
AZ. 4A State: 1:37.18 2003 Catalina Foothills
 1:38.34 AA-A
 1:39.64 AA-C

	Team	Relay	Seed Time
1	Catalina Foothills High School	A	1:42.49
2	Chaparral High School	A	1:42.89
3	Canyon Del Oro High School	A	1:43.47
4	Thunderbird High School	A	1:47.12
5	McClintock High School	A	1:48.02
6	Sandra Day O'Connor HS	A	1:48.06
7	Sunnyslope High School	A	1:48.80
8	Cactus Shadows High School	A	1:50.19
9	Millennium High School	A	1:50.75
10	Sahuaro High School	A	1:51.26
11	Shadow Mountain High School	A	1:51.27
12	Prescott High School	A	1:51.45
13	Sabino High School	A	1:51.61

Event 218 ... (Girls 200 Yard Freestyle Relay)

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008
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14	Marana High School	A	1:53.64
15	Peoria High School	A	1:55.98
16	Apache Junction High School	A	1:56.67
17	Cactus High School	A	1:57.87
18	Flowing Wells High School	A	1:59.14
19	Lake Havasu High School	A	2:00.27
20	Paradise Valley High School	A	2:03.98
21	Apollo High School	A	2:05.26
22	Independence High School	A	2:06.24
23	Agua Fria High School	A	2:06.31
24	Cienega High School	A	2:06.48

Event 219 Boys 100 Yard Backstroke

National Pub:	47.50	1994	Derya Buyukuneu	Woodridge CA
National Ind:	46.82	1999	Alex Lim	Bolles School FL
AZ. State:	48.00	2004	Alex Righi	Brophy Prep.
AZ. 4A State:	49.16		Matt Ulrickson	Scotts. Saguardo
	52.09	AA-A		
	52.90	AA-C		

	Name	Year	School	Seed Time
1	Schleicher, Richard	SR	Prescott High School	55.12
2	Jeffires, Jordan	JR	Marana High School	55.98
3	Puchi, Cole	SO	Catalina Foothills High School	56.32
4	Preston, Rod	SR	Cactus Shadows High School	56.45
5	Bresnahan, Nick	SR	Lake Havasu High School	56.59
6	Wallace, Rhett	JR	Catalina Foothills High School	56.89
7	Ripley, Erik	SO	McClintock High School	58.45
8	Weiss, Jacob	SR	Marana High School	58.91
9	McKernan, Robbie	JR	Thunderbird High School	59.41
10	Ross, Walter	FR	Sunnyslope High School	59.58
11	Cope, Dylan	JR	Chaparral High School	1:00.08
12	Jung, Kendon	SR	McClintock High School	1:00.29
13	Coelet, Collin	JR	Catalina Foothills High School	1:00.98
14	Carterdoyle, Griff	SO	Catalina Foothills High School	1:01.58
15	Burris, TJ	JR	Sunnyslope High School	1:01.86
16	Schleicher, Daniel	FR	Prescott High School	1:02.27
17	Conte, Adam	SR	Apollo High School	1:02.49
18	Pope, Matt	JR	Marana High School	1:02.85
19	Swanson, Garrett	FR	Cactus Shadows High School	1:02.96
20	Johnson, Kyle	FR	Shadow Mountain High School	1:03.07
21	Timm, Sam	SR	Chaparral High School	1:03.31
22	Heiman, Joey	FR	Sabino High School	1:03.41
23	Sanchez, Zachary	SO	Sahuaro High School	1:03.90
24	Kaser, Mark	SR	Canyon Del Oro High School	1:04.00

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

Psych Sheet

Event 220 Girls 100 Yard Backstroke

National Pub:	53.68	1996	Misty Hyman	Shadow Mtn. AZ
National Ind:	52.86	1998	Natalie Coughlin	Carondelet CA
AZ. State:	53.68	1996	Misty Hyman	Shadow Mountain
AZ. 4A State:	55.61	2002	Skye Elbert	Millennium
	57.50	AA-A		
	58.43	AA-C		

	Name	Year	School	Seed Time	
1	Denninghoff, Sarah	JR	Sabino High School	57.58	AA-C
2	Brewer, Ashley	JR	Chaparral High School	58.24	AA-C
3	Wells, Stephanie	SR	Sahuaro High School	59.01	
4	Corbin, Kaelynn	SR	Agua Fria High School	1:01.25	
5	Bresnahan, Ashley	FR	Lake Havasu High School	1:02.15	
6	Rickelman, Meghan	SR	Prescott High School	1:03.13	
7	Wood, Skotia	SR	Cactus Shadows High School	1:03.21	
8	Luko, Olivia	SR	Catalina Foothills High School	1:04.31	
9	Dangremond, Courtney	SO	Sabino High School	1:04.84	
10	Houlton, Claire	FR	Catalina Foothills High School	1:04.99	
11	Abu, Yelena	JR	Sandra Day O'Connor HS	1:06.40	
12	Kipphut, Maddie	SO	Catalina Foothills High School	1:07.24	
13	Roberts, Sydney	JR	Saguaro High School	1:07.33	
14	Knittle, Ashley	SO	Catalina Foothills High School	1:07.43	
15	Whelihan, Haley	FR	Sunnyslope High School	1:07.45	
16	Cunningham, Jana	SR	Thunderbird High School	1:07.65	
17	Wang, Sally	SO	Chaparral High School	1:07.89	
18	Blakely, Indigo	SR	Apollo High School	1:08.22	
19	Riviere, Stephanie	FR	Prescott High School	1:08.48	
20	Salomon, Laura	SR	Pueblo High School	1:08.48	
21	Carpenter, Cody	JR	Sabino High School	1:08.48	
22	Permoda, Elise	SO	Sandra Day O'Connor HS	1:08.76	
23	McCollow, Caitie	JR	Canyon Del Oro High School	1:09.14	
24	Siwick, Katie	SO	Flowing Wells High School	1:09.97	

Event 221 Boys 100 Yard Breaststroke

National Pub:	53.67	2000	Brendon Hansen	Havervord PA
National Ind:	53.66	1998	Pat Fowler	Seattle Prep WA
AZ. State:	56.48	1991	Jason Hodder	CDO
AZ. 4A State:	57.26	2002	Paul Oman	Rincon
	58.58	AA-A		
	59.40	AA-C		

	Name	Year	School	Seed Time	
1	Lundstrom, TJ	JR	Catalina Foothills High School	1:00.90	
2	Ferro, Brian	SR	Millennium High School	1:01.03	
3	Howgard, Andrew	JR	Sunnyslope High School	1:04.73	
4	Benson, Seth	JR	Thunderbird High School	1:04.75	
5	Kishi, Patrick	SR	Shadow Mountain High School	1:04.85	
6	Bull, Michael	JR	Chaparral High School	1:05.95	
7	Gluck, Max	SR	Catalina Foothills High School	1:06.80	
8	McLeob, Ian	SO	Sabino High School	1:07.29	
9	Gluck, Jeff	SR	Catalina Foothills High School	1:07.61	
10	Ramirez, Zach	SR	Sunnyslope High School	1:07.64	
11	Davis, Ashton	SR	Apollo High School	1:08.03	
12	Gapp, Ryan	JR	Marana High School	1:08.54	
13	Anderson, Keenan	JR	Catalina Foothills High School	1:08.60	

Event 221 ... (Boys 100 Yard Breaststroke)

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008
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14	Cruz, Eddie	SR	Apollo High School	1:08.79
15	Whitten, George	SR	Apollo High School	1:08.88
16	Giblin, Casey	JR	Chaparral High School	1:09.35
17	Root, Paul	SR	Prescott High School	1:09.47
18	Vaughn, Adam	JR	Cactus High School	1:09.74
19	Phillips, Mark	SR	Saguaro High School	1:09.94
20	Thompson, Luke	SO	Saguaro High School	1:09.98
21	Levenberg, Symon	SR	McClintock High School	1:10.08
22	Charles, Miller	FR	Prescott High School	1:10.40
23	Hildebrandt, Kevin	SR	Cactus Shadows High School	1:10.94
24	Oliver, J. T.	FR	Sabino High School	1:11.38

Event 222 Girls 100 Yard Breaststroke

National Pub:	59.20	2005
National Ind:	1:01.03	2004
AZ. State:	1:01.57	2006
AZ. 4A State:	1:01.57	2006
	1:05.24	AA-A
	1:06.28	AA-C

Jessica Hardy	Woodrow Wilson,
Caroline Bruce	Trinity, KS
Caitlin Leverenz	Sahuaro
Caitlin Leverenz	Sahuaro

	Name	Year	School	Seed Time
1	Ripley, Rachel	SR	McClintock High School	1:06.66
2	Branning, Jaclyn	SR	Paradise Valley High School	1:07.04
3	Moore, Casey	SR	Flowing Wells High School	1:10.70
4	Bringhurst, Brindy	SR	Marana High School	1:11.25
5	Oliver, LeighAnne	SO	Sabino High School	1:11.37
6	Sagli, Sophie	SR	Sunnyslope High School	1:11.55
7	Nakazato, Hope	SR	Catalina Foothills High School	1:12.50
8	So, Veronica	FR	Catalina Foothills High School	1:12.75
9	Mackey, Chloe	SR	Catalina Foothills High School	1:13.16
10	Hier, May	SR	Millennium High School	1:13.20
11	Taylor, Casey	JR	Chaparral High School	1:13.41
12	Repasi, Bianca	SO	Chaparral High School	1:13.59
13	McNamee, Jessica	FR	Canyon Del Oro High School	1:13.71
14	Burton, Tessa	JR	Flowing Wells High School	1:13.74
15	Radvak, Christina	JR	Chaparral High School	1:13.96
16	Hoffman, Caitlin	SR	Thunderbird High School	1:15.01
17	Edgely, Amara	JR	Millennium High School	1:15.11
18	Johnson, Carly	FR	Chaparral High School	1:15.69
19	Kurtz, Gretchen	SR	Sandra Day O'Connor HS	1:16.31
20	Powell, Kylie	SR	Lake Havasu High School	1:16.85
21	Pierce, Kristin	FR	Canyon Del Oro High School	1:16.89
22	Hoffman, Taylor	SO	Thunderbird High School	1:17.19
23	Sawyer, Jenna	SO	Sunnyslope High School	1:17.38
24	Kishi, Charlotte	FR	Shadow Mountain High School	1:17.42

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008

Psych Sheet

Event 223 Boys 400 Yard Freestyle Relay

National Pub: 3:02.41 1989 Winston Churchill TX.
National Ind: 3:01.80 1999 Bolles School, FL St.Fran, OH tie
AZ. State: 3:05.57 2003 Brophy Prep
AZ. 4A State: 3:10.09 2004 Catalina Foothills
 3:11.64 AA-A
 3:13.93 AA-C

	Team	Relay	Seed Time
1	Sabino High School	A	3:22.96
2	Catalina Foothills High School	A	3:23.07
3	Chaparral High School	A	3:24.14
4	Prescott High School	A	3:24.79
5	Sunnyslope High School	A	3:24.90
6	Sahuaro High School	A	3:25.87
7	Shadow Mountain High School	A	3:30.21
8	Marana High School	A	3:31.59
9	Millennium High School	A	3:33.34
10	Lake Havasu High School	A	3:34.89
11	McClintock High School	A	3:35.51
12	Paradise Valley High School	A	3:36.11
13	Apollo High School	A	3:39.93
14	Cienega High School	A	3:45.07
15	Flowing Wells High School	A	3:45.24
16	Liberty High School	A	3:47.06
17	Canyon Del Oro High School	A	3:48.73
18	Cactus Shadows High School	A	3:50.88
19	Saguaro High School	A	3:53.47
20	Apache Junction High School	A	3:54.35
21	Thunderbird High School	A	3:56.31
22	Cactus High School	A	3:58.65
23	Independence High School	A	4:07.10
24	Agua Fria High School	A	4:27.44

Event 224 Girls 400 Yard Freestyle Relay

National Pub: 3:23.85 2005 Pioneer MI.
National Ind: 3:22.34 2006 Germantown Acad, PA
AZ. State: 3:27.63 2007 Desert Mountain
AZ. 4A State: 3:30.89 2006 Catalina Foothills
 3:33.90 AA-A
 3:36.76 AA-C

	Team	Relay	Seed Time
1	Catalina Foothills High School	A	3:42.69
2	Chaparral High School	A	3:43.41
3	Sabino High School	A	3:44.62
4	Canyon Del Oro High School	A	3:46.69
5	Millennium High School	A	3:52.43
6	Sahuaro High School	A	3:52.53
7	Sunnyslope High School	A	3:56.95
8	Paradise Valley High School	A	4:01.28
9	Saguaro High School	A	4:01.28
10	Shadow Mountain High School	A	4:02.93
11	Thunderbird High School	A	4:04.30
12	Sandra Day O'Connor HS	A	4:04.90
13	Apollo High School	A	4:09.09

Event 224 ... (Girls 400 Yard Freestyle Relay)

Arizona 4A High School Champs Division I - 10/31/2008 to 11/1/2008**Psych Sheet**

14	Marana High School	A	4:09.09
15	Liberty High School	A	4:09.46
16	Flowing Wells High School	A	4:09.56
17	Lake Havasu High School	A	4:12.77
18	McClintock High School	A	4:17.73
19	Apache Junction High School	A	4:19.75
20	Agua Fria High School	A	4:23.30
21	Cienega High School	A	4:29.45
22	Peoria High School	A	4:33.55
23	Cactus Shadows High School	A	4:36.27
24	Prescott High School	A	4:39.37